

Join North Hawai'i Community Hospital and the Native Hawaiian Health Program on a one-hour walk starting at Pukalani Stables. Dr. Natalie Kehau Kong will start the walk with a brief talk on a current health issue facing Native Hawaiians and many others in our community.

Please check with your primary care provider before you walk if you have health concerns. Wear comfortable walking shoes and bring an umbrella as the walk with be held, rain or shine.





Saturdays 8 am Pukalani Stables Pukalani St. & Ala 'Ōhi'a Rd. Kamuela

FIRST WALK: January 6, 2018



Natalie Kong, MD Primary Care Physician North Hawaii Health & Wellness

No sign up required



Questions?
Call 881-4432
LiHonda@Queens.org

